



AMERICAN OSTEOPATHIC ASSOCIATION

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Donna Alderman, DO
Hemwall Family Medical Center
1740 Broadview Drive
Glendale, CA 91208

Dear Dr. Alderman:

Thank you for stopping by AOA Headquarters in Chicago last month. I am sorry that I was not able to meet with you at that time, but I hope you were able to enjoy our building and its benefits to members, such as our library and archives, in addition to your business-oriented presentation before the AOA Committee on Basic Documents and Operations of Affiliate Organizations.

I wanted to thank you as well for sharing a copy of your book, *Free Yourself from Chronic Pain and Sports Injuries*, with me. During this Olympic season, your book seems especially timely. It offers sage advice to athletes of all ages—myself included, as I just completed my first triathlon at age 62! We will keep it on file in the AOA Library and share it with our Public Health Councils for their information.

Best of luck and life to you and yours.

Kindly yours,

John B. Crosby, JD

Great book!

CC: Norman E. Vinn, DO, Trustee
Donald J. Krpan, DO, Past President