Briefly describe your condition and life prior to Prolotherapy:

Left shoulder hurt (dull ache) but really hurt whenever I used the arm, just reaching for the remote hurt and my phone was on left at work, it was painted. Probably happened due to weightlifting. I figured my rotator cuff was torn and it would be hurting forever.

Please share any successes you’ve had with your condition as a result of your Prolotherapy:

My left shoulder feels 95% better, the 5% is due to my noticing no pain whatsoever after a small amount of heat & massage is applied (I call this my warmup) so I hope this to soon became rare.