

Prolotherapy Success Story

Name: _____

Date: 12-28-05

Briefly describe your condition and life prior to Prolotherapy:

Broke my Rt leg - tibia and fibula - skiing in Jan 1988. Doctor who set bones didn't notice that the ligaments around my ankle were stretched. This made them weak. Over the years I experienced pain when walking and exercising, which was very disconcerting. A podiatrist recommended surgery as the only solution.

Please share any successes you've had with your condition as a result of your Prolotherapy:

It took about a year, but my ankle feels strong again and most days are pain-free. I have been off all pain medication and anti-inflammatory medication for well over a year. I can stay on an exercise program and not fear injury. It may take one more treatment, but I know my ankle is stable and I have avoided surgery.

Signature: _____

Okay to publish: ✓